The Sheffield Island and The Estuary
Ecosystems of Long Island Sound

Come tour and learn about Copps Island Oyster Company, Sheffield Island Lighthouse, the Stewart B. McKinney National Wildlife Refuge and how to take your students on an interdisciplinary field trip that incorporates NGSS, History and Science into an unforgettable interdisciplinary and educational experience for all grade levels.

Date: May 21, 2022 - 9 am - 3 pm


- Visit and tour the Copps Island Oyster Company
- View and identify a wide variety of bird species on the journey to the island.
- Discuss the adaptations that have allowed various species to thrive in Norwalk’s Harbor.
- Tour of the lighthouse and learn about the history of the island and the lighthouse keepers.
- Explore the coast line and view, sketch or collect and identify a wide variety of
  - Shells, Crabs, Seaweeds and other small organisms
- Take water samples and discuss water quality
- Investigate, explore and compare the variety of estuary ecosystems present on the island including the salt marsh, rocky shore and sandy shore.
- Discuss the importance of each ecosystem and the impact humans have on those systems.
- See one of the largest Osprey nests atop the boat ramp to the island.
- Pull a plankton net and observe and identify plankton species present.
- Pull a seine net and observe and identify the species collected.
- Do a crab count of local crabs by size, species and sex.
- Sample a variety of lessons for students k-12 and provide feedback for the Seaport Association.

Workshop Cost and Registration (Space is limited sign up ASAP)

☐ Complete the google form using the link below to register: https://forms.gle/QzoQ2iisk9UC5qsf8
☐ Cost: $10 venmo or check - details will be sent once registration is completed. Payment must be made to reserve your spot for the workshop.
☐ Goodie bags with supplies to run your own field trip will be given out at the end of the class and may include, seines, nets and other fun stuff.

Please dress for the weather and be prepared to get wet, muddy and have fun. Bring your own lunch, bug spray and sunscreen we will be outdoors on an island for the majority of the day.

Class will be taught by

Eva Bartush
Brien McMahon High School’s Marine Biology and Marine Science teacher

Susan Daignault
Naramake Elementary School’s Kindergarten Teacher